FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject to	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* <u>Pappas John</u>						2. Issuer Name and Ticker or Trading Symbol Chefs' Warehouse, Inc. [CHEF]									ip of Reportin plicable) ctor	g Persor <mark>X</mark>	10% C		
(Last) (First) (Middle) 100 EAST RIDGE ROAD					3. Date of Earliest Transaction (Month/Day/Year) 05/01/2012								X	Offic below	,	hairma	Other (specify below) nairman		
(Street) RIDGEF (City)		CT State)	06877 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check / Line) X Form filed by One Reporting Per Form filed by More than One Reperson								ng Pers	on					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4)			and 5) Secur Bene		icially d Following	6. Owner Form: D (D) or In (I) (Instr	irect direct	7. Nature of Indirect Beneficial Ownership					
								Code	v	Amount	(A) ((D)	Pri	ce	Trans	action(s) 3 and 4)			(Instr. 4)	
Common	Stock			05/01/2	2012				S ⁽¹⁾		90,000	D	\$2	4.01 ⁽²⁾)1 ⁽²⁾ 3,959,215 D				
		7	able II -								osed of, convertib				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution Date, if any (Month/Day/Year)		4. Transa Code (8)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of		nt er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owr Forr Dire or Ir (I) (II	ership n: ct (D) direct nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 9, 2012.
- 2. An aggregate of 90,000 shares of common stock were sold in multiple trades on May 1, 2012 at prices ranging from \$23.87 to \$24.49. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, The Chefs' Warehouse, Inc. or a stockholder of The Chefs' Warehouse, Inc. full information regarding the number of shares and prices at which the transaction was effected.

Remarks:

/s/ Alexandros Aldous,

Attorney-in-Fact for John 05/02/2012

Pappas

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.