FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Guarino Alan C.								2. Issuer Name and Ticker or Trading Symbol Chefs' Warehouse, Inc. [CHEF]											o of Reportin blicable) ctor	ig Perso	on(s) to Is		
(Last) (First) (Middle) 100 EAST RIDGE ROAD							3. Date of Earliest Transaction (Month/Day/Year) 05/17/2019											Office	er (give title v)		Other below)	(specify	
(Street) RIDGEFIELD CT 06877 (City) (State) (Zip)						4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										Indivi ne) X	'					
			Table	e I - Non	ı-Deriv	ative	Se	curi	ities	Acq	uired,	Disp	osed o	f, or	Bene	eficia	ally C	Owne	ed				
1. Title of Security (Instr. 3) 2. Transar Date (Month/Da							ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispos		Disposed	rities Acquired (A) ed Of (D) (Instr. 3,			4 and Secu Bene Own		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	()	A) or D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)					
Common	7/2019	9				A		2,020) A		\$0	0 ⁽¹⁾		31,436		D							
			Ta	ble II - D									sed of, onvertib				y Ow	ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercis Price of Derivative Security	on Date se (Mon	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, (4. Transactic Code (Inst 8)				tive (ties ed sed 3, 4	6. Date E> Expiratior (Month/Da	n Date		Amount of Securities Underlying Derivative Security (In and 4)		ount nber			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	nership rm: ect (D) Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. This Reporting Person received 2,020 shares of restricted common stock pursuant to The Chefs' Warehouse, Inc. 2019 Omnibus Equity Incentive Plan. The forfeiture restrictions associated with 100% of the award will lapse on the earlier of the date of the issuer's 2020 annual stockholders' meeting or the one-year anniversary of the date of grant.

/s/ Alexandros Aldous,

Attorney-in-Fact for Alan C.

Guarino

** Signature of Reporting Person Date

05/21/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.